


Madison HD May 2021
Inter-Lakes Community Action Partnership
60's Plus Dining Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>3</u> Chicken Fried Steak Mashed Potatoes/ Gravy Peas & Carrots Fruit Whole Grain Bread	<u>4</u> Shredded BBQ Chicken Sandwich/ Bun Au Gratin Potatoes Green Beans Fruit	<u>5</u> Swedish Meatballs Mashed Potatoes/Gravy 5 Way Blend Vegetable Frozen Cranberry Salad Whole Grain Bread	<u>6</u> <u>Mother's Day Meal</u> Lasagna Peach Crisp Breadstick Lettuce Salad/ Tomatoes	<u>7</u> Sloppy Joe Au Gratin Potatoes Vegetable Fresh Orange Bun
<u>10</u> Ham Sweet Potatoes Broccoli Pineapple & Oranges Whole Grain Bread	<u>11</u> Beef Stir Fry Rice Stir Fry Vegetables Fruit Whole Grain Bread	<u>12</u> Chicken Alfredo Fruit Crisp Breadstick Lettuce Salad/ Tomatoes	<u>13</u> Roast Beef Mashed Potatoes/ Gravy Carrots Tropical Strawberry Mix Whole Grain Bread	<u>14</u> Hot Turkey & Ham Melt Sandwich Diced Potatoes Warmed Pears English Pea Salad
<u>17</u> Breaded Chicken Cordon Bleu Mashed Potatoes/Gravy Capri Blend Vegetable Fruit Whole Grain Bread	<u>18</u> Tater Tot Hotdish Spiced Applesauce Biscuit Lettuce Salad/ Tomatoes	<u>19</u> Beef Stroganoff/Noodles Peas Fruit Crisp Whole Grain Bread	<u>20</u> Pork Loin with Celery Sauce Mashed Potatoes Normandy Blend Vegetables Fruit Whole Grain Bread	<u>21</u> 3 Cheese Pizza Vegetable Warmed Apples Lettuce Salad/ Tomatoes
<u>24</u> Sweet & Sour Meatballs Rice Stir Fry Vegetables Pineapple Whole Grain Bread	<u>25</u> Hawaiian Chicken Salad Tomato Spoon Salad Cold Baked Beans Croissant	<u>26</u> Spaghetti/ Meat Sauce Breadstick Warmed Applesauce Lettuce Salad/ Tomatoes	<u>27</u> Turkey Sweet Potatoes Green Beans Fresh Apple Whole Grain Bread	<u>28</u> Chicken Bacon Wrap with Lettuce and Tomato Potato Salad Strawberries & Peaches
<u>31</u> Memorial Day No Service 				

Note: Each meal will consist of 3 oz of cooked protein, Whole Grain Bread, and 8 oz of 1% milk, 1 ½ cups of fruits and vegetables (fillers like Jello, pudding, and toppings don't count towards the fruit component) 1 ¼ c. of soup is a serving when it is served. Menus subject to change without notice with approval of Program Director. The minimum suggested donation is \$3.90 per meal. **Call 256-6645 before 9:00am for a meal reservation.**